

**Title:**  
**DEPRESSION +**  
**SEASONAL AFFECTIVE DISORDER**

**Part of the Following:**  
**Large Scale Study of the Safety and Efficacy**  
**of the SCIO Device**

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**This study was performed in the field by practicing Biofeedback technicians. Data was collected and the study supervised by the Ethics International Institutional Review Board of Romania. The Data analysis and study presentation is done By the The Centro Ricerche, University of Venice + Padova, Italy**

**Abstract:**

This study demonstrates the safety and effective qualities of the SCIO device used in a large scale study. A large scale study of over 97,000 patients with over 275,000 patient visits reported their diseases. Many of them reported this disease. And the results of their therapy is reported in this study.

**Introduction:****Over View:**

This Large scale research was designed to produce a extensive study of people with a wide variety of diseases to see who gets or feels better while using the SCIO for stress reduction and patient monitoring. The SCIO is a evoked potential Universal ElectroPhysiological Medical apparatus that gauges how a individual reacts to miscellaneous homeopathic substances. The device is registered in Europe, America, Canada, S Africa, Australia, S. America, Mexico and elsewhere. The traditional software is fully registered. Some additional functions where determined by the manufacturer to be worthy of evaluation. Thus a study was necessary to determine safety and efficacy. (As a result of these studies these additional functions are now registered within the EC)

An European ethics committee was officially registered and governmental

permission attained to do the insignificant risk study. Qualified registered and or licensed Biofeedback therapists where enlisted to perform the study. Therapists were enrolled from all over the world including N. America, Europe, Africa, Australia, Asia, and S. America. They were trained in the aspects of the study and how to attain informed consent and transmit the results to the ethics committee or IRB (Institutional Review Board).

2,569 therapists enlisted in the study. There were 98,760 patients. 69% had more than one visit. 43% had over two visits. There were over 275,000 patient visits recorded. The therapists were trained and supervised by medical staff. They were to perform the SCIO therapy and analysis. They were to report any medical suspected or confirmed diagnosis. Therapists personnel are not to diagnose outside of the realm of their scope of practice. Then the therapist is to inquire on any reported changes during the meeting and on follow-ups any measured variations. It must be pointed out that the Therapists were free to do any additional therapies they wish such as homeopathy, nutrition, exercise, etc. Therapists were told to not recommend synthetic drugs. Thus the evaluation was not reduced to just the device but to the total effect of seeing a SCIO therapist.

Part 1. The emphasis was on substantiating safety followed by efficacy of the SCIO.

Part 2. Proving the efficacy of the SCIO on diseases (emphasis on degenerative disease)

Part 3. Proving the efficacy of the SCIO on the avant garde therapies of Complementary Med

Part 4. QQC standardization

## **Methods and Materials:**

### **SCIO Device:**

The SCIO is an evoked potential Universal Electro-Physiological Medical device that measures how a person reacts to items. It is designed to measure reactions for allergy, homeopathy, nutrition, sarcodes, nosodes, vitamins, minerals, enzymes and many more items. Biofeedback is used for pre-diagnostic work and or therapy.

The QXCI software will allow the unconscious of the patient to guide to repair electrical and vibrational aberrations in your body. For complete functional details and pictures, see appendix.

### **Subspace Software :**

The QXCI software is designed for electro-physiological connection to the patient to allow reactivity testing and rectification of subtle abnormalities of the body electric. If a patient is not available a subspace or distance healing link has been designed for

subspace therapeutics. Many reports of the success of the subspace have been reported and thus the effectiveness and the safety of the subspace link is part of this test. Many companies have tried to copy the subspace of Prof. Nelson and their counterfeit attempts have ended in failure.

#### **SOC Index :**

The SCIO interview opens with a behavioral medicine interview. This is called the SOC Index. Named after the work of Samuel Hahneman the father of homeopathy, he said that the body heals itself with it's innate knowledge. But the patient can suppress or obstruct the healing process with some behavior. Hahneman said that the worst way to interfere with the healing natural process was allopathy or synthetic drugs. These upset the natural healing process by unnatural intervention and regulation disturbance. Other ways to Suppress or Obstruct the Cure are smoking, mercury amalgams, stress, lack of water, exercise and many others. This behavioral survey then gives an index of SOC.

The scores relate to the risk of Suppression and Obstruction to the natural Cure. The higher the scores the more the Suppression and or Obstruction. The scores of 100 or lower are ideal. A copy of the SOC index questions appear in the appendix.

#### **Study Technicians :**

The study technicians were educated and supervised by medical officers. The study technicians were to execute the SCIO therapy and analysis. All were trained to the standards of the International Medical University of Natural Education. Therapists from all over the world including N. America, Europe, Africa, Australia, Asia, S. America and elsewhere were enlisted to perform the study according to the Helsinki study ethics regulations.

They were to chronicle any medical suspected or confirmed diagnosis. Therapists personnel are not to diagnose outside of the realm of their scope of practice. Then the study technician is to inquire on any disclosed observations during the test and on follow-ups report any measured changes.

To test the device as subspace against the placebo effect, two of the 2,500+ therapists were given placebo SCIO devices that were totally outwardly the same but were not functional. These two blind therapists were then assigned 35 patients each (only 63 showed). This was to assess the double blind factor of the placebo effect as compared to the device. Thus the studied groups were A. placebo group, B. subspace group, and C. attached harness group.

Cross placebo group manipulation was used to further evaluate the effect.

#### **Important Questions :** these are the key questions of the study

1. *Define Diseases or Patient Concerns*
2. *Percentage of Improvement in Symptoms*
3. *Percentage of Improvement in Feeling Better*
4. *Percentage of Improvement Measured*
5. *Percentage of Improvement in Stress Reduction*
6. *Percentage of Improvement in SOC Behavior*
7. *What Measured+How (relevant measures to the patient's health situation)*
8. *If Patient worsened please describe in detail involving SOC\_*

After the patient visit is complete the data was e-mailed to the Ethics Committee or IRB for storage and then analysis. This maneuver minimized the risk of data loss or tampering. Case studies were reported separately in the disease analysis.

## **MEDICAL DETAILS**

A mental state characterized by dejection, lack of hope, absence of cheerfulness, irregular appetite, irregular sleep, poor self image, and poor world view. Depression is to be differentiated from grief which is realistic and is proportionate to that which has been lost (aggression directed inward). Avoid salt, sugar and alcohol. Get 30 minutes a day of sunlight.

### **Results:**

Before we review the direct disease improvement profiles, we need to review the overall results. The first most basic of question in the results is the basic feedback of the generic patient conditions.

1. *Percentage of Improvement in Symptoms*
2. *Percentage of Improvement in Feeling Better*
3. *Percentage of Improvement Measured*
4. *Percentage of Improvement in Stress Reduction*
5. *Percentage of Improvement in SOC Behavior*

The SOC index gives us great insight to this study. Each disease has a different cut off where the ability of the SCIO to help was compromised. As a general index scores of 200 + where much less successful.

**This groups significant SOC cut off was 150.**

The Large scale study had over 98,000 patients and 275,000 patient visits we have direct evidence of the safety and efficacy. A placebo group was used for the large scale test to help validate the results.

This disease group total number of patients was **32,030**

**Subspace Treatment 13,878 patients, 18,152 SCIO Harness Patients**

## **OVERALL ASSESSMENT**

### **A. Subspace Treatment 21,092 patient visits**

There were 34 cases of patients who reported a negative Improvement. None of these cases reported any major difficulty.

There were

43 cases reporting no improvement of Symptoms,	.0021% of Subgroup
57 cases reporting no improvement in feeling better,	.0027% of Subgroup

34 cases reporting no improvement in stress reduction .0016% of Subgroup  
34%--- *Percentage of Improvement in Symptoms*  
36%--- *Percentage of Improvement in Feeling Better*  
37%--- *Percentage of Improvement Measured*  
46%-- *Percentage of Improvement in Stress Reduction*  
10%----*Percentage of Improvement in SOC Behavior*

## **B. SCIO Harness Treatment 39,983 patient visits**

There were 25 cases of patients who reported a negative Improvement.  
None of these cases reported any major difficulty.

There were

32 cases reporting no improvement of Symptoms, .001% of Subgroup  
32 cases reporting no improvement in feeling better, .001% of Subgroup  
32 cases reporting no improvement in stress reduction .001% of Subgroup  
55%--- *Percentage of Improvement in Symptoms*  
61%--- *Percentage of Improvement in Feeling Better*  
56%----*Percentage of Improvement Measured*  
70%-- *Percentage of Improvement in Stress Reduction*  
12%----*Percentage of Improvement in SOC Behavior*

-

## **CASE STUDY REPORT CONDENSATION:**

“81 year old male, sent to therapy by his companion, has become less angry, more interested in his companion and his surrounding neighbors and community activities. More active, listening more, drinking less. Companion insures that he has an appointment at least once a month because he has become a better companion to her.

Lakeview, ARKANSAS.”

“I am working with the SCIO-System since 4 years. In my practice my patients are mainly chronically ill patients with e.g. following diseases:

Auto aggressive diseases like ALS, Multiple Sclerosis, Crohn Disease,  
Colitis Ulcerosa, Lupus e.,  
Chronically digestion Problems  
Rheumatism, Fibromyalgia, Spinal Column Problems,  
Various Cancer Diseases like Lung Cancer, Mammary Cancer, Leukemia,  
Stomach Cancer, Liver Cancer,  
Neurologically Diseases like ADS, Depressions, Trauma, Brain Injuries,  
Allergies  
Skin Diseases like Neuro-Dermatitis, Psoriasis  
Migraine

I have used the SCIO to measure my patient's reactance to many various items which electrical patterns are digitally stored in the system.. I have used the device for therapy on my patients and it is highly accepted from them, because it is safe, showing no side-effects and is non invasive.

The SCIO-System treats the body's electric in a safe biofeedback way which helps the body to reactivate its body's own healing capacitance to finally come back to a well functioning body-regulation-system. It might appear a little futuristic if you do not know the background of the system, but if you would take the chance to look a little deeper, I am sure you would agree on its scientific validity and benefits.

Bottrop, Germany”

“24 year old woman - post partum 5 months. Arrived with husband in post partum depression. Treatment took approx 90 minutes with complete success. The husband came back later that day to ask me if the machine had made his wife grow because she "seemed talker". No further treatments were required and the patient ended up working part time in this field.”

“50 something fibromyalgia patient came for treatments. Within two treatments the woman was back to work and sleeping through the night and started to socialize again. She then brought everyone in her family into the clinic to get treatments on the QX.

London, Ontario Canada”

“A 42 year old female presented to me for lower back pain release, she had had physio but found it too painful to c continue, everywhere the physio touched caused her tremendous pain and she could not continue. I saw her for 5 sessions of stress reduction and it became apparent during our sessions that she had been emotionally abused and abandoned by her mother at an early age. My client then decided to go onto antidepressants during our early sessions and by the 5<sup>th</sup> sessions she was off the medication, mainly pain free apart from some occasional sciatic pain, could now continue with her Pilates which she had to discontinue due to pain. The client had been referred to me by her physio who contacted me to inform me of the incredible changes in the client’s pain and emotional state.

A 4 year old boy was admitted to my local hospital with meningitis following chicken pox, he was confused, disorientated and had not slept for 2 days. The parents asked me to do a subspace session on him once the diagnosis was confirmed and within 10 minutes of the subspace session commencing the child fell asleep, the first time for 2 days, remained asleep for most of that day and night, woke up the following morning, temperature was down, he was orientated and discharged later that day.

City unknown”

"My first experience of having a Quantum session was quite amazing.

I had not said anything to the technician that my eye sight was cloudy when I would look in the distance. I had been telling myself that I should go to the eye doctor and see what he would have to say about it. But that wasn't even a concern that day of my session, and I never mentioned it, or even thought of mentioning it to her.

Anyway the next morning my eye sight was clear and has been since. This is about 4 years ago. I researched this and found that this was one type of a cataract. And because of this, I researched the device and had one session a month for 6 months before buying a device for myself.

I also had eye floaters and they are gone too.

I have fibromyalgia. It has been 4 years that I have had my device. When I over do muscles with cleaning windows, painting and etc. it would take me about a week to work out the pain using my hot tub and then applying essential oils at bed time.

Now I don't feel any stress caused by pain the next day when I use the hot tub, oils and do a session on myself before going to bed.

I had colon cancer 8 years ago followed with 6 months of chemo. I had awful chemo brain fog. My head felt awful and my concentration was really bad. I gained 35 pounds in 35 weeks. My joints were so painful that I would cry. I was dizzy and I couldn't stand the humid weather. I tried a couple drugs but they made me feel worse. I then found coral calcium and took a mega dose of it for 6 weeks and in 3 weeks my sore joints were all gone and my weight gain quit as soon as I started the coral calcium. I started on a mega dose of oxygen drops and my dizziness went away in about one month, and my body felt much better from my fibromyalgia. This was because the oxygen drops helped with the lack of oxygen to my brain (my dizziness) and with fibromyalgia, which I have read is one cause of lack of oxygen to the tissues.

But my concentration and memory was still very bad when I got my device. I was scared!

When I started working on my stress in the NLP panel the rectification numbers were way down in the teens and single numbers, and they went up and down, up and down, in that area for several sessions before going higher and higher. I also had many stressed areas of the brain. It took me 10 months to clear the stress. Each month I think back at the month before how I felt, and I knew I am making improvements each month, with all my stress. I often wondered if the brain would of been the place my cancer would of returned if it weren't for all my natural health.

I also take **a lot** of whole food supplements. I still take my oxygen drops every day. I

take only 1/4 of a sleeping pill which I got hooked on them when I had chemo. But I'm down to just 1/4 of one.

I have not doctored with any health problems for 4 years.

I have had some nerve problems in my arm when I would drive in the car and my arm would rest on the door handle arm rest area to long. When I get it, I do a session and the pain is gone the next morning. It is longer and longer between times when I get it now.

Years ago I would get neuritis (Pain)in my head when we would go snowboarding and I would have to go in and get a shot for it. Last winter I got it just from going without my head being covered in the cold (Minnesota winters). Well I did stress management for it and in 3 days it was all gone.

I would get a bad sinus infection every winter and would sometime have to take a couple rounds of antibiotics. I have not been to the doctor with that problem for several years. I also use essential oils for it. Since I got my device, my nose does not run all the time like it used too.

My husband had a sty that would come and go quite often, several times a year. When addressing that stress with a stress management session, it was gone the next morning, and it's been over a year, and it has not returned.

A friend of mine put her back out lifting on a client of hers. She had been to the Chiropractor twice and Massage therapist twice. She then came to me on a Sunday afternoon. She was experiencing a lot of stress due to pain. She could hardly walk up my steps and it was very painful for her to sit and stand up again.

The next morning she was pain free with just a sore spot - to the touch- in one area of her behind.

City unknown”

“A 7 year old with medically pre-diagnosed rheumatoid arthritis came into my office in severe pain. She was unable to move without major discomfort, playing with any mobility, bike riding and running were out of the question. Even sitting was agonizing and she sat the majority of her time reclined. Using the EPMX to attempt to rebalance her stress she showed continual progression in her improvement. By looking at imbalances in minerals, vitamins, amino acids, and fatty acids her mother was able to make some lifestyle changes in the child's eating habits to help her balance those frequencies. After 8 visits the child's knees, which were equivalent to very large

grapefruits in size, had reduced to normal dimensions and other inflamed areas and joints had also gone to a more normal size. She was now able to go out biking and playing with her siblings and school friends. The mother reported that the doctor did not know what was happening, but that he was ecstatic and as she quoted "whatever you are doing please keep doing it for her, it seems to be working."

Shortly after this time her aunt decided to purchase a device and the child's biofeedback care was turned over to her. I saw the children and their mother a month ago and she is looking healthy and is no longer in pain according to the mother. Another success story using biofeedback.

I am not an expert in the field of AIDS or HIV but I received a 56 year old male homosexual client in need of help. He was determined to use natural methods, supplements and stress reduction of massage and biofeedback to maintain his health and keep his HIV at bay. He decided to use the biofeedback therapy every other week and has done so for over a year. During this time it has been interesting watching his imbalances; when there are more he informs me he is under more stress at work, when the numbers are more balanced he informs me it's been a very relaxing period in his life. He has continued to amaze his physician and his counts continue to improve. Under one very stressful period his counts decreased and he added homeopathics which were to help with balancing his thymus and came in for his normally scheduled visit. He rebalanced to the doctors amazement and has remained stable and happy over the past two years. He now makes an appointment when he feels highly stressed and is only on a maintenance visit as he calls it.

A 39 year old woman who is having a stressed second marriage, and has been in three long term relationships is unhappy because she cannot get pregnant. Her current husband does not wish for more children as his two are teens and this is causing more stress according to my client. She does not understand why she cannot get pregnant and neither can her medical doctors so she has decided to try biofeedback. I worked on her for several visits and she reported that she was feeling much less anxiety in her life. Using this technique of biofeedback and realizing that her hidden emotions were causing her more stress she agreed to talk more to her husband about their issues. She reported back to me on her 7th visit that she was expecting a baby. Our appointments were terminated at that time until after pregnancy and I am happy to report that she delivered a healthy, happy and wonderful baby boy just after to her 40th birthday. She then scheduled her "a tune up" after that when she felt overly stressed.

A 46 year old woman with diagnosed Fibromyalgia was helped into my office. She was taking 7 prescribed medications and felt that they were no longer helping her and that

she was getting worse and worse. Her decision was to try more alternative help and try and de-stress her life. We began her appointments. Over the next year of monthly visits she and her doctor reduced her medications down to only one, and her Fibromyalgia rarely flared any longer...unless she became overly stressed. She latter purchased her own EPFX for her families private use, although I do still see her as a client about every six months, when she says it's "her turn to get pampered".

A 35 year old woman with five children came to my office. She was always tired, had constant headaches, heart palpitations and anxiety attacks, and was under a doctor's care. The doctor could find nothing wrong with her. Her family had grown up Amish and had convinced her to seek outside help for her problems other than her medical doctors. She came to my office once a week for a month and then monthly for the next six months. While she was doing biofeedback for stress reduction she realized that she had the energy for her children, was able to function as she should and had very few anxiety attacks. She has since purchased a biofeedback device to try and help herself and her family remain healthy.

A 69 year old woman with major stress started seeing me for stress. She was working two jobs and had divorced and felt a failure, yet she could not keep from being in contact with her ex-husband. She stated she felt unloved and that everyone abused and used her and she was tired of being depressed. We began Biofeedback sessions, she chose to come in on a weekly basis even though the sessions appeared to be helping longer than that. It did not take me long to discover that the biofeedback was only part of her help. What she needed the most was simply a shoulder to lean on and someone to talk to. It is sad when someone has to pay for a friend that they feel has nothing to gain from them talking to them. She stated that her "friends" always had an ulterior motive for seeing her and talking to her. She started de-stressing enough that she began dreaming at night of past issues and traumas of her childhood and realized that this is one of the reasons she was feeling so depressed and admitted that she had been feeling suicidal. But, that with the help we had gotten from Biofeedback she no longer had the wish to die. I suggested that in order to speed up her past traumas she seek professional help and gave her the name of a psychologist who could help with past life trauma as well as trauma regression. She started to see this professional and continued to come to the office for a monthly appointment. This continued for two years. She remained health and felt fine and has gradually decreased her appointments. When I began traveling more and at the office less I referred her to a different biofeedback technician.

A 56 year old male who had served in the Golf War made an appointment at my office. He had been exposed to Agent Orange and had returned injured and with Paranoid schizophrenic he was currently under the care of the VA Hospital. At that time he could not go out during the day without help and medication for fear of someone

hurting him. The voices in his head were telling him to kill himself and that other were after him. After six weekly his trust to me and willingness to talk had increased, he had informed me the voices had reduced but he was still having much of the same symptoms as before. At this time he informed me that he had a metal plate in his skull from his war injury, so we changed the placement of his electrodes within the next three visits he reported that he was much better. He had gone to the VA and they were extremely impressed with the biofeedback therapy he had been undergoing. If things were better yet again at his next appointment they were going to re-evaluate his medication and they suggested he continue the biofeedback. We continued with two more biofeedback sessions using the EPM and he made his next appointment at the VA hospital, where they not only re-evaluated but removed his medication. Many of these prescription's were psychotropic medications; his body did not respond well to this and within two days of this removal he tried to commit suicide. He was then institutionalized.

A 65 year old male who had a cancer scare with previous skin melanoma had decided to try biofeedback and alternative health therapy. He and his wife 63, had both been feeling very tired as of lately and more stressed than in the past, because of this they decided to try biofeedback. After one visit they realized they were sleeping better and feeling more energy. They decided to continue this process on a monthly visit. They continued this process for a year while going to their physician who had been watching several pre-cancerous lesions. Most of these lesions had disappeared and both the doctor and the client were thrilled. They now remain on a yearly visit with biofeedback to monitor their stress levels.

A 76 year old woman who had taken care of her sister came into the office. Her brother had died a year before and her sister had cared for him while he was sick with a stomach issue. Shortly after this her sister became ill for several months with the same mysterious symptoms that the brother had had and she had taken care of her until her death. My client was now nervous because she had had diarrhea for over 6 months which were part of the same symptoms. We began biofeedback and had 10 days until she was scheduled for a colonoscopy. She had earlier had a cancerous polyp removed from the colon and was concerned of what would be found now. Because of our limited time we met every other day to do stress balancing using the EPM. She went to her scheduled appointment and was pleased to report to her doctor that the diarrhea was now gone and that she was feeling better. She was able to eat more now that she had been over the past six months without felling bad and able to keep the food down and had begun to put back on some of her earlier weight loss. The colonoscopy test was complete and showed only one bacterial polyp. She was thrilled with the results.

Michigan, U.S.A.”

## **“Case 1:**

**Stress History:** Middle aged woman struggling in a crisis trying to find happiness and her true self.

**Symptoms:** Depression, hopelessness, loneliness, lost, mental fog, easily brought to anger. GI stress.

She did a number of Q.B. sessions over a 6 month period.

“This is a fantastic healing process. It gets down to the core of what’s true for you. It is truly holistic involving the mind, body spirit and emotions. I found the emotional awareness from coming out of this process to be life changing because it clarifies what the truth is and where you are stuck. Then it goes to the next step and provides remedies for reducing stress from the energetic, physical, beliefs and feelings. The affirmations to address negative beliefs and feelings have been very helpful. Also the homeopathic and herbal remedies have been great for reducing physical blocks. I have also been able to resource ideas to address spiritual dilemmas. The whole process is a fascinating journey into the heart soul and spirit of your truth. The results are magical as I was on a downward negative spiral and this process turned that around by contemplating new ways to look at things. I realized that because of my family of origin neglected me and suppressed my core spirit and as a result, I developed unhealthy patterns. I am now engaged in rethinking my basic core beliefs and realizing the only limit to my freedom are these core beliefs that I bought into for 40 years. I am now in the process of peeling the onion and releasing them so I can actually be who I really am. I’ve tried everything hundreds of therapeutic modalities, religion, prayer and Quantum Biofeedback has reduced my stress and really brought me the clarity I needed to heal.”

City Unknown”

“A 55 year old man, from Los Angeles, California had been diagnosed by an MD with ADHD. He came to see me with a list of complaints that included: anxiety, frequent and quick mood swings, inability to concentrate, anger outbursts, depression, inability to prioritize, low energy, insomnia, etc. After 10 treatments over a three month period with the EPFX he reported that he was much calmer, the mood swings had gone, he was able to arrive on time to work, his personal relationships had improved because of his ability to express himself in a calm manner, he was sleeping better and had enough energy to work a full day and then go home and work on his sculptures. During the time we were working with the EPFX he worked with his MD and was able to quit his anti-depressant.

L.A., U.S.A.”

“CLIENT #1

9YR OLD MALE. Mother reported that the child was adopted and mother was addicted to methamphetamine. Mother reported that child had been diagnosed with ADHD and Asberger’s. After 2 sessions (approx. 1 ” hours each), mother reported a slightly more

rational and calmer demeanor. After 2 sessions (each session approx. 1 1/2 hours each) a month for 4 months, Mother felt major shift in emotional connections and calmness in child. Child reported to me that he felt he could think clearer and people liked him more. Teacher reported better behavior, more peaceful and better interaction with others.

City Unknown”

“A 36 year old female presented with severe depression and loss of hope. She had been diagnosed with Chronic Fatigue by her doctor. She was home schooling three children and her anxiety and panic attacks left her stranded and she could no longer think clearly. After approximately four to six biofeedback sessions on the EPFX, she regained hope, her loss of hope disappeared and her depression subsided to the point she was feeling vital and a part of the human race again..... and got a great job when her thinking cleared up. She's referred many people to me including two of her children, but told me last month that she is considering getting the device herself when she can afford it.

Tulsa, U.S.A.”

“I purchased the EPFX for personal use in January of 2007. I was hoping to get some relief from some long-term depression and support my other health issues and those of my family

I have received immense help. In fact, it has changed my life. My thinking is different. To some degree, I feel like a different person. I think clearer and have a purpose and a mission. I am volunteering to be in charge of fund raising activities and am more involved in my community. That would not have happened one year ago.

I also had a lot of pain in my shoulder back and legs. All completely gone. The pain I had in my upper left tooth is also gone. I thought I would have to get it pulled. My husband has a very stressful job and is able to handle all sorts of situations with much more ease. He also had a toothache that was completely relieved of pain after just two sessions. And then he went hiking and had a pain in his hip that just continued to get worse. In two sessions, he was pain free from that as well.

I have also used it to manage my migraines, which are now almost non-existent.

I was able to relieve my Mother of her back pain and the pain in her knee from her knee replacement. We are also trying to work on her Wet Macular Degeneration. We will be monitoring the progress from these sessions, as well.

My sister has many phobias and I was able to help her have more confidence and handle situations with more ease.

The EPFX is a valid and valuable asset. I think every family should have at least one to help support the needs of themselves, their friends and loved ones.

## City Unknown”

“I started out as a client of the device 7 1/2 years ago. My story is that I was diagnosed with Fibromyalgia & chronic Fatigue after a car accident in 1991. I took \$1500 worth of drugs a month, I could not function, I had horrible deep muscle pain, exhaustion that kept me from getting out of bed sometimes, and a severe depression that made me suicidal. I was under psychiatric care though I knew I was not crazy but I didn't know what to do. The drugs turned me into a zombie and I just wanted to die to be free from the pain and misery, the side effects sometimes were worse than the pain but I kept at it, hoping something would work...I was only 39 years old! I began to develop the inability to use my left hand and right foot. I could not recall common words and my mouth would not want to work properly to form words sometimes. My doctors advised me to purchase a wheelchair as I was developing signs of Multiple Sclerosis even though a brain CT showed no lesions and they told me there was nothing more they could do for me.

My medical doctors were giving up on me, I couldn't fathom it and I also couldn't accept it. An acquaintance of mine told me about the device and I drove 3 1/2 hours across my state to find the only practitioner around at that time. I had incredible results after the first session.

I was pain free for the first time in 10 years for two entire weeks. I was joyful, the depression had lifted, I began to sing again around the house and I wanted to go out and do things again. After a year of receiving sessions irregularly because of the distance, I decided I needed to have my own device in order to see if I could continue to help myself find a path to wellness that had been missing with this disease.

Now, 6 1/2 years later, I have had such incredible results with the device in my life and my family, including our family pets that I could not live without it. I no longer have Fibromyalgia nor Chronic Fatigue nor Depression. I do seek proper medical care when the need arises but my MD and I have a great relationship where she knows that I am proactive in my approach to health and she allows me room to de-stress my body first before resorting to invasive procedures. If it does not help me to use the device in an agreed upon time period, I agree to undergo her procedures. The only time I have had to do so is when my gallbladder ceased functioning and I had to have it removed surgically. I have been able to get off all prescription medication with the exception of thyroid glandular and my health has never been better. I'm 54 years old now and I look and feel like I'm ten years younger.

I had been using the device for 5 1/2 years when suddenly my VARHOPE scores dropped, my P/E Ration went from normal to 80/50 and I began seeing stress related to thyroid cancer. I went to my doctor and had a scan done and we discovered a large mass under my jaw as well as 2 thyroid nodules, one the size of a pencil eraser, the other the size of a pin head. I had a thermogram done of the masses and the temperature increase between the normal tissue and the nodules was significant and I was sent to an oncologist who confirmed thyroid cancer. His immediate reaction was that he needed to remove at least the right lobe, possibly both lobes. I refused. I told him I wanted to see what I could do with nutrition and supplementation along with biofeedback for stress reduction and he was adamant that I did not have time to spare "wasting" it on things that don't work. I insisted that he was not going to cut into me

until I knew I had at least tried. After approximately four months I went back and this time the biopsy showed no cancer cells and the nodules had begun to shrink. He said I had no more cancer. That was a year ago.

Oregon, U.S.A”

“The reason I bought the machine was as follows. I am a registered nurse and was diagnosed at St Paul’s Hospital as having asthma. I was put on steroid and ventolin puffers, a combination of two to use 4 times a day. This made me feel worse. I heard about the Scio through another nurse so decided to try it. It said I had eaten raw sushi 3 weeks prior and a bacteria had lodged in my right upper lung field. This is exactly where I was experiencing the tightness. After the session I have had no more chest tightness or asthma attacks and have not used any inhalers for 2 years since I was diagnosed.

I had a lady come to see me who said she was on antidepressants, I gave her one treatment and she has told so many people who have come to see me. She does not take any medications and is free of depression.

City Unknown”

“4 years ago Sept 21st my daughter flipped our SUV and suffered a crack to her C7 vertebrae. She went immediately from a 4.0 student/artist who loved life, was quite popular with both kids and adults and had aspirations to attend Harvard or Yale, to a depressed, suicidal, self-mutilating, insomniac etc. After over 100 doctors (and \$150,000)...MD's, Internists, endocrinologist, gynecologist, neurologists, chiropractors, etc she was getting sicker and sicker. The day I found a butcher knife under her dresser I knew it was only a matter of time and I would lose her. Either through suicide or just her body breaking down, I sincerely believe she would not be alive today had I not found the EPFX. After about 15 months of going from Doctor to Doctor she finally refused to see another one. She told me to just let her die because living was just too hard. I went into a depression; if I couldn't save my only daughter then I didn't want to live either.... (I have never had a problem with that before or after this) but I could not stop crying. Sometimes I would cry 10 times in one day.

What happened is about 9 months later I went to an EPFX practitioner. I knew nothing about energy medicine and had a one hour session and left. 4 days later I realized I hadn't cried in days and that I felt happy...like myself again. I called her and asked her if the machine could have done something to my emotions. Long story short I know it was not the placebo effect because I never dreamed it could help me with the depression, I was going only to see about some physical issues. (It is 2 years later and have not cried since...perhaps I have no tears left...but I am happy again.)

City Unknown”

“• 2 years ago I was diagnosed with bipolar disorder and spent some time in a psychiatric hospital. They started me on a wide variety of medications (apx 10 different meds) I was hardly able to function in my job or any other aspect of life because of

these medications. I started as a client and after three visits I had dramatic results, so dramatic that I purchased my own system. Within the first couple of months I was able to get off all of my medications and I have had positive life changing results from using the QXCI/EPFX.

- I have been running various protocols on myself over the past couple of years. My back used to be in excruciating pain when I laid on my right side and that has completely gone away. I also have also seen a significant change in my circulation, increased energy, relief from PMS, stress relief, and clarity of thought all do to the QXCI/EPFX. I cannot imagine what my quality of life would be without this.
- I have had the opportunity to spend some time with a 7 year old child that experiences dramatic swing do to bipolar disorder. Since I have had the opportunity to run protocols on him he has balanced out significantly.
- I ran a 30 something year old adult for depression and stress. She found significant relief.
- We have seen significant relief for clients who have been diagnosed by their physician with fibromyalgia.

City Unknown”

“52 year old white woman. Depression, overweight, migraines, musculoskeletal pain, menopausal sxs – hot flashes, heart palpitations, multiple surgeries incl hysterectomy, breast reduction, and urethral blockage. Multiple car accidents. 3<sup>rd</sup> marriage, previous husbands abusive.

Rx: Ceprolex, Phentolin.

EPFX revealed Homotox Stress in Pineal, Pituitary and Hypothalamus – multiple pathogens, link emotions, anxiety. NLP: self doubt, submissive and misunderstood. Multiple miasms: leprosy, syph and tetanus. Unc. Reactivity correlated with mother related trauma and sexual abuse in marriage.

Client left looking like a different person after long session (almost 3 hours.) She went home and changed her diet. Lost 25 pounds, did some extreme self care and altered her relationships. Depression lifted. She is starting a business and feels like a “new person.” All symptoms drastically reduced

City Unknown”

“One client was a 9 year old child with a history of sexual abuse. She was having panic attacks at school and at home. The principal wanted to place her in another school because she was disrupting the class. After the first session, the child went

back to school and the teacher wanted to know what she had done, because she was calmer, more cooperative, more delightful, she was a different child.

Using the SCIO/EPFX and White Dove Homeopathy, I have kept herpes zoster from blistering, twice. Which cleared quicker and the pain was reduced or no pain at all!

Plantar warts on the bottoms of clients feet dissolved with the SCIO/EPFX.

I myself had a knot (a hard swollen area) the come up on the top of my hand at the wrist, I used the face roller on it and in 5 days it was gone, and no more pain!!! And there has been no more problems with this again!

Clients have told me that after their first session on the SCIO/EPFX, they did not need to take their anti-depressants for 7-10 days.

Everyone says they have more energy after a session. I have been a nervous person all of my life, I have tried a lot of things myself (naturally) and things prescribed to me by my alternative physician. The SCIO/EPFX was the only thing that would calm my nervous system. It is wonderful to be like a normal person. Actually, I am the calmest I have been in over 30 years!

City Unknown”

“I have a case of Chrones. Stools normal and all pain gone with some supplements and two sessions.

A Gentleman with fertility problems. 3 visits and they are expecting.

A 25 year old female who never had a menstruation in her life. After one visit she started menstruating.

Elderly gentleman diagnosed with Prostate Cancer. Did cancer protocol and he came once a month for a year. His check up with the Doctor, he is cancer free.

Lady on anti depressants for 1 year. After 2 sessions has been off meds for now 2 years.

The list goes on and on. Every day I am amazed at the response of my clients. I am blessed to have the opportunity to work with such a device and share it with my community. Thank you for sharing this technology with the world.

City Unknown”

“Client - Diagnosed with clinical depression.

gender-female age 48

Client unable to barely get out of her car to go inside to convention. When going in she experienced the EPFX - SCIO and felt better. Upon receiving frequency on a regular basis she started to feel better. Of the therapy panels balancing the organs in the sarcode panel helped a lot. Acupuncture, NLP, auto zap was used the first month on what programs were suggested to do. Today this client functions without having had to get back on a allopathic drug. The continual balancing has helped her tremendously.

City Unknown”

“As a behavioral therapist I worked with a 10 yr old girl for 2 years using "traditional " cognitive-behavioral interventions. Although she made some progress, her mood swings were still quite severe. I offered her the EPFX and using the information we acquired, she changed her diet/fluid intake, discussed old traumas that she remembered as she became relaxed during a biofeedback session. Her guardian/grandmother is thrilled with the results. As she says "now she a "normal" teenager... with a "normal" school life, social life, and is on the honor roll. She has had a school aid since 2 nd grade. . . . She is now 14 and her grandmother is meeting with the school to see if they can do a trial of no aid for a semester in school before she goes to the high school.

Mississippi, U.S.A.”

“The mother of a 9 yr old boy was "at her wits end" with him at home and school was ready to "place him" in a "special classroom". I offered the epfx along with cognitive-behavioral therapy. Using the data from the EPFX we discovered some unhealed feelings about a dog that died when he was age 2 and how is father "managed it". We also saw some nutritional imbalances and mother slowly/reluctantly corrected these.

After about 10 sessions, the school is impressed with the behavioral changes and are no longer asking for evaluations to "place him". Mother is impressed with his progress at home, he no longer hits her in frustration. His "protests' over homework are quite mild. He smiles when he arrives for his sessions and asks the computer what he needs to do now. !!!!! and when the 'computer says" less sugar and more fruit he DOES IT. .. truly amazing. . . .

Mississippi, U.S.A.”

“I had nervous breakdown for about 3 years ago. EPFX helped me to regain mental health and life back. I used to have chronic fatigue but now I work full time and am a part time student and at the same time manage 5 year old daughter. I don't think I can do without EPFX.

Vancouver, Canada”

“My mother passed away 3 years ago and I became very, very depressed my Blood Pressure went to 230/130 and I went to the hospital. I have been having many problems with high blood pressure and panic attacks and anxiety. Last September I was at a Show , I sell at Large Fairs etc, I got sick my blood pressure went to 230/130 again I stopped eating food and drink just water. I saw a booth at the fair called Quantum Biofeedback so because of what I had learn in the past and started to talk to the person in charge at the booth. I must tell you that It was amazing ,it helped me so much. After one half hour of being connected to your device I Felt so much better. It was ALMOST to good to be true. I was so relax my bp went down and the next morning I woke up feeling wonderful. I went back to the booth four more times over the six days i

was at the fair and by the end of the fair I was so comfortable that I was very amazed. I just want to tell you this now since I have decided to become a practitioner to see if I can help more people with your invention.

D.C., U.S.A.”

“Prior to my introduction to the EPFX/SCIO I had been treated for breast cancer with conventional allopathic practices, ie. lumpectomy, chemo-therapy and brachytherapy. Following this my father passed away and the stress of the treatments and his loss created a downward spiral of severe clinical depression. Despite the best efforts of my doctors to treat the depression with anti-depressants, psychotherapy and my own personal therapeutic measures nothing seemed to help. I felt like Humpty Dumpty and "all the kings horses and all the kings men couldn't seem to put me back together again." I went to visit my counseling mentor and she suggested I try a session with the EPFX/SCIO. Within 4 sessions my depression abated and I was on the road to recovery, energized with a bright outlook on life once again. I was so impressed with my remarkable progress that I invested in the EPFX/SCIO a few months later.

I have been a counselor in the mental health field for the past twenty years and employed by facilities which subscribe to "best practices" approaches to the treatment of mental illness. Needless to say, I have counseled hundreds if not over a thousand clients by now, with the "best practices" approaches. In my vast experience, I have not encountered the efficacy with these approaches compared to use of the EPFX/SCIO. Too often I witnessed the debilitating side effects of long term use of psycho-tropic medications. The best practices approaches are frequently unrealistic with certain populations of clients. Despite the best efforts of both client and therapist the outcome of "stabilization" is mediocre at best for the client dealing with chronic mental illness.

Since I knew that this concept could not be used in the traditional setting such as an outpatient mental health clinic in the state where I reside, I decided to terminate my employment and become a full-time solo practitioner. I did this to have the flexibility and freedom to utilize my counseling skills and determine an efficient cost effective measure. I incorporate the stress reduction techniques through the use of the EPFX/SCIO with my clientele along with traditional therapeutic approaches. My clients are repeatedly amazed at how accurate the EPFX/SCIO is with targeting stressors and in this current climate of insurances demands for brief therapy, 6 sessions generally is adequate for resolution of the presenting issue.

City Unknown”

“Over the years I have used the EPFX on numerous patients with numerous health complaints. I am a licensed acupuncturist and certified nutritionist.

A woman of 62 with long standing depression sought great relief with just one EPFX session.

A Vietnam vet with Hepatitis came to me for preventative measures and he left, for the first time in 30 years, without a bunch of voices clamoring in his head.

A man from Virginia came with a benign tumor on kidney. He was experiencing back pain but did not want surgery. The first thing that came up on the EPM was "benign kidney cyst." After doing a series of programs, he felt an instant relief of pain and then decided to buy his own machine to help others.

A business woman so stressed out at work was going in circles. EPM sessions greatly calmed her down and she said she hadn't felt so centered in years.

Annapolis, U.S.A."

"I have several excellent experiences and instantaneous healings with a few of my clients. Most recently I have been working with a 25 year old female Client that was diagnosed with attention deficit disorder and depression. She has been on medication to control the mood swings and depressive states. When I originally began working on with her, there was an very low resistance level in the VARHOPE, as well ph was way off and emotions were all over the board. Through continual balancing of the EEG, Submorph, NLP panel issues, encouragement to the client with daily exercise emotion release stress reduction and detox, my client has reduced her medication on her own after 3 weeks, increased wellness supplements such as fatty acids on her own, began Yoga classes, and is feeling much better, fully able to maintain her sustenance in her daily living with her husband and two year old child, which was an enormous burden prior to the stress reduction biofeedback sessions.

Another 10 year old child client I worked on for 7 consecutive sessions diagnosed with ADD, specifically worked on links to parents and birthing traumas, utilizing stress reduction in Biofeedback panels, nutrition, digestion sarcodes, detox, submorph, especially boosting spiritual growth/release of spiritual oppression, spinal as well, with the last session being a solo 10,000 RIFE session....received a call from the Mother one month later after she researched some ideas of naturally detoxing with cilantro etc. had mentioned to her and increasing foods the child would be more open to - she virtually fed him hot dogs and potato chips as he wouldn't eat anything else. I simply reduced the stress in his jaw, mind, as well taste bud disorders coming up through birthing trauma and was relieved to hear the child is a fanatic for exquisite foods, therefore canned corn (no vibration) and potato chips will not do. As I was saying she responded a month later stating he was eating better as she experimented more with vegetables such as fresh asparagus and snow peas, and she no longer had to hide supplements in his food.

City Unknown"

"My friend, LMC, had received bad news. Lung cancer. It looked to be encapsulated and she underwent the thoracotomy to remove it. A few days later, great news, kind of. Not lung cancer - fungus. Fungus that had encapsulated in her lung. She was relieved, although experienced the normal pain and depression that follows such an invasive

surgery. But, it wasn't cancer, thankfully. Six weeks later, she returned to her work as a busy executive for a large multinational company. She struggled as she is over 50, so her healing, while progressing well, took a bit of time. Finally after a few weeks, she returned to her internist who recommended that she take 2 months off to recover fully as she was clinically exhausted. Well, that time off was not an option - she had used all her sick time and could not take that time to heal - she had to return to work or resign. In desperation she visited a Wellness Center in Springfield, MO, upon my recommendation and was seen by a practitioner. After receiving balancing treatments, IV cocktails, homeopathic remedies, etc. for 2 months, while she continued working. She is happy to report that after that two month period of homeopathics and balancing sessions, she feels like herself again and was back at work performing at her pre-op level, and currently is looking for a new, better position in which she will be required to travel 50% of the time - not an option for her 6 months ago and prior to her balancing sessions with the EPFX device.

City Unknown”

“I have a client who is 50 who was in a car accident and rolled her car. She was sent out the back window and lit on her head. She had 7 fractures of in her neck and when she came to me 6 months later could not even turn her neck. Right after the first session she was able to turn her neck 4 inches from side to side when she had no movement at the start of the session. I have seen her a total of 3 time over three month and now she can turn her head and touch her chin to both shoulders. She has also found the sessions to help with the depression and other emotional issues.

Greeley, Colorado”

“Female: Age 36

Came to see me in the summer of 07. Clinical Diagnoses was depression and anxiety, suffering from ongoing Migraines, presented with severely disrupted sleep patterns and chronic fatigue. She was taking 3 medications 2 for her depression and anxiety and one for blood pressure. She had exhausted all other avenues of traditional approaches before seeing me.

My analyses showed severe dysbiosis, low Bowel Flora levels and a compromised GI tract.

Buffalo, NY”

“Female: Age 34

This patient came to me in Sept. of 2007 presenting with a clinical diagnoses of Depression and Anxiety. She had been on 4 different medications over the last 6 years, finding only one of them giving her any relief and even that was not a lot.

She finally went off medications over 2 years ago and has been dealing the best she can with this since then, losing a lot of work time due to her flare ups. She came to me for help and over 2 months we cleaned up her diet, I had performed 6 therapies with the EPFX and added specific neuro-transmitter supplementation and have gotten her to a point of no flare ups for the past 3 months.

Buffalo, NY”

“In September of last year I came for help with a chronic issue of depression and anxiety. I have exhausted every option available to me through the usual medical practices and all of the drug protocols they have put me on.

Although I had some relief from this with medication, I came to the conclusion that I did not want to continue taking them as the potential side effects would outweigh any good they may be doing me now.

When starting with the EPFX program I was skeptical and a little scared as I had no idea how this was going to work, but I prayed extensively for help and left myself in my practitioner’s hands. What I found truly amazing, to me that is, is that after the very first session I began to feel a greater level of peace and ease within me. After about the 3<sup>rd</sup> session I found myself in awe that I had no recurring bouts of anxiety or depression in over 2 weeks, which for me is a miracle as I would deal with them on a daily basis.

By the time we finished the program over a 2 month time frame I had only one flare up and even it was minor in comparison to what I have dealt with over the last 10 years with this issue. I have not been in to see my practitioner for over 3 month’s now and I have had no flare ups and am finally at a point of once again getting know the real me after hiding for so many years.

I am truly grateful for all of the help my practitioner has given me and to the EPFX program for all the help and insight into what was occurring inside me so that I could understand how to make subtle changes for a better, healthier, happier me. Thank you and God Bless.

Williamsville, NY”

“One client has had some serious allergies, food intolerance and depression and a attitude on life that the glass generally was half empty - she is now stable after 8 weeks and has a new lease on life - has gotten her diet under control is eating things she couldn't tolerate before and has a new attitude that anything is possible and is training for a new job. Her whole family is now taking turns coming once a week. Her son had evidenced some extreme mood swings and after being seen a couple of times has decided to settle down and stick around and see what it is he can do in this life.

City Unknown”

“I was a client having EPFX Biofeedback sessions for a few months when I realized how extremely effective it was, not just for reducing my stress, but for correcting imbalances which allowed me to become more healthy. I purchased the EPFX/SCIO in March of 2006 (almost 2 years). Since that time I have worked on myself diligently and have achieved a high degree of good health with the assistance of this biofeedback technology. I no longer fear not having insurance. I am more in control of my own well-being, both emotionally and physically. I was formerly on 3 different medications - one OTC (for insomnia) and 2 prescription pharmaceuticals (for anxiety and depression). I am now sleeping well, putting that money toward my daughter's education (she is becoming a nurse) and the best side-effect of all; banishing toxicity from my body.

City Unknown”

“I am more alert, feels much less stressed out and also begin to recognize my stress as soon as it starts to build up. I begin to be aware of my emotions and most of all, I learn to be more prayerful as I recognize the negative energy around me like feeling depressed for no apparent reason. My skin (face) seem to be more sun tanned (someone points that out to me) and healthy looking..In other word, I seem to look younger. I remember that my nephew was having headache one afternoon and yet he had to go to work. I did the scio 'zapping' for him and when he returned later that evening, he told me that his headache had diminished almost to 1.5 from the count of 7. I found out also that his lessening of his headache coincided with my 'zapping' him.

City Unknown”

“AGE 49

GENDER MALE

DIAGNOSIS: MACULAR DEGENERATION, DEPRESSION, OBESITY

I STARTED THE TREATMENT WITH AN OVERALL TEST AND BALANCE, OPENING THE CHANNELS TO DETOX AND ALWAYS INCLUDING THERAPY FOR HIS EYES. THEN I PROCEED TO BALANCE HIS METABOLISM, TREAT THE ADDICTIVE ATTITUD TO FOOD, HIS COMPULSIVE ATTITUDE ALSO, AND HELPING HIM TO REDUCE THE ADIPOSE TISSUE IN HIS BODY. AFTER 6 SESSIONS HE LOOSE 15 POUNDS, HE STARTED AN EXERCISE PROGRAM, HIS VISION IS A LITTLE MORE CLEAR, NOW HE CAN READ BIG LETTERS WITHUT ANY OPTICAL DEVICE AND HE FEELS MORE STABLE AND WITH ENERGY.

City Unknown, United Kingdom”

“62 year old man with a history of emotional and physical abuse in his youth. Couldn't remember the last time he was happy. He was so sweet and kind during the session,

one could not help but feel a mothering instinct towards him. When I spoke with him a few days later (I like to call and check on my people after I have a session with them) his voice was so excited/elated. He was taking the day off to spend with his daughter and he said, " I feel so happy! This is so incredible!" and he wanted to come back before it wore off.

City Unknown”

“My husband has had trouble with depression for years and has been on medication for 8 years but in recent years it has been burning his digestion when her started having sessions with the biofeedback he was able to go completely off of his medications, feels much better emotionally and is able to deal a lot better with what life throws at him. With the help of supplements and regular sessions about every 2 weeks he is able to deal with his depression.

City Unknown”

“**“Since other therapies were not working, I tried out the EPTX. I am amazed about what the device picked up regarding my body’s needs. It not only detected but cleared the ringing in my ears. It reduced my fibromyalgia stiffness and aching. Most importantly, it greatly reduced my SCIATIC NERVE pain!”** Around 50 years of age, female, relief after about 4 sessions. Pain return following year and relief after another 4 sessions.

City Unknown

“Age 35, male, **anxiety, depression in AM, fear of death, sadness, worry, loses voice, worried about not enough quality time with children.** Had initial session on July 6/08 and second appointment July 13/06. As of July 26<sup>th</sup> his wife reported that her husband was feeling much better, bought a camper to spend more time with kids, is working more and mornings are no longer an issue. She reported that he is feeling SOO much better!.

City Unknown”

“Age around 75, female, **fatigue, depressed, painful feet and legs/polymyalgia rheumatica, bowel issues.** Less pain, more energy, bowels much better, ot walking after 1 session on Apr. 25/05.

City Unknown”

“Age 44, female. **Stress and anger, depression, menopause with insomnia.** After first session she noticed less anger and stress. After her third session, she noticed

her phobia was reduced and could handle encounters with spiders better.

City Unknown”

“Female age 20

Deep Depression

3 sessions and she felt happier. The the need to hurt herself was gone.

City Unknown”

“Female, age about 34

- presented with physician diagnosis of shingles
- symptoms were depression, pain on site of lesions
- one short session on EPEX was given
- client called a few days later and said the lesions quickly healed in 2 days and she had no pain

- also the burn she had sustained a day before her session healed so quickly that she couldn't believe her eyes!

- about 4 months later another session was given because the shingles returned very mildly. The client claims that the lesions were gone by bed-time that day. Amazing.

Saskatchewan, Canada”

### **“Recovery from Traumatic Childhood Abuse**

I did some long-term work (over a two year period) with a woman who had experienced traumatic child sexual abuse at an extremely young age (1-1/2 years). She is now in her late 40s and has been undergoing psychological counseling for many years.

She feels that the biofeedback sessions she has received (about 30) have been much more beneficial than all her years of counseling. I notice a great change in her demeanor, she is much more confident and far less fearful. She had been off work for several years because of mental health issues related to her abuse experience. Recently she purchased her own EPEX device, and is starting a practice!

**Winnipeg, Manitoba”**

“18 year old male marine who fought in Iraq, suffering with post war syndrome. Couldn't sleep, nightmares, anger, frustrated, inoculation toxicity, snapping at everyone (diagnosed from MD heart palpitations by his own MD and wouldn't get any more testing, wouldn't go to Veteran Dr. didn't want to get kicked out of service), nervous, shifty, this marine was on the front line, was in denial of his behavior. I worked him on NLP, main, therapies, biofeedback, trauma, homotoxicology, risk panel, mainly this person was difficult to deal with he had a lot of anger from the war, he was very negative in his attitude, I was only able to work three sessions on him, but the three I

was able to work on made a wonderful difference in his behavior, he was finally able to sleep and not be as restless, he seemed more at peace with himself and not so on edge. He was still dealing with anger issues and I never was fully able to help him there on that stressor as not enough sessions. But the difference from the first session to the third was quite amazing, you could see it in his whole being and he thanked me for helping him recognize the stressors, he was more compliant and focused and more at ease within himself. Said he was a non believer in the beginning but now thought there was something to EPPX as even he could feel the difference.

City Unknown”

“59 year old Female came to me with diagnosis of depression and stress from job (by Psychologist/Med Dr). Had been out on leave for over a month. Could not stop crying. Was on 2 depression pills, and numerous other pharmaceutical pills about 10, different ones. None of which has been able to help her depression. First session she was able to stop crying, at end of session she said she felt great emotionally for the first time in a month. She couldn't believe the difference, and said she never wanted to feel that depressed again wanted to make sure she could keep this feeling, made appointments for everyday for 4 more days. Each day she felt better. Still having emotional outbreaks but not as severe or as long each of those 4 days. (such as all day). At end of 4th day felt much better went to 2 days a week ( with the option that if she needed to come sooner she could). Her depression/stress was lifting said she was feeling great! Went to 1 day a week doing ok. Out bursts only occasionally, maybe once or twice a week. Dr. felt she was ready to go back to work. She had set back, because the thought of stress at work she didn't feel she could handle the situation, I worked her on EPPX, NLP, therapy, Biofeedback, risk panel, stress panel, SCIO, worked on emotions, releasing the stressors, trauma, took two sessions to bring her back to where she felt good again. After 12 sessions she is now realizing what she needs to do and has made commitments to change her lifestyle. She is feeling better still not back at work, her Dr. decided she is not ready to go back yet. She has one more month of leave. Am still seeing her once a week now. She is so grateful to have broken the cycle of depression that kept her in tears every day. She has realized that it is her work situation that has caused her depression and stress and is making efforts to change that. She says she wants everyone to know about the EPPX and would recommend it to anyone as it has changed her life.

City Unknown”

“I have a client who is a 38 year old male that went into a deep depression and ended up starving himself. The client was found by family unconscious in his apartment. He was rushed to the emergency room and spent several months in rehab. When he came into my office he was using a cane and needed help from his mother. The client had little to none social skills. He did not even hardly look at me or speak a word to me during his treatment. When the client's mother asked if I could help him I told her I did not know, but I would do what I could.

We set up weekly treatments and got him on some Dr Recommends nutrition. In just a couple treatments we could see his improvements. He was talking more and we

actually worked on his balance, as the medical doctor's assumed he may have had a stroke. This client was extremely faithful to his treatment plan and within a couple months he was walking without his cane. His mental status and physical abilities continued to improve. He went back to his doctor for his regular checkup and he told them what he had been doing. The doctor was amazed by his improvements, and told him to continue whatever he was doing because that type of treatment could do more for him than conventional medicine. This clients has claimed that the EPFX treatments has literally changed his life.

Buffalo”

“Age 30 – Grief after loss of infant daughter substantially improved after 2 sessions. “I feel like I’m back in my body.”  
City Unknown”

“Age 34 – suffered loss of infant. “I can breathe again.” After two sessions.  
City Unknown”

“Age 71 – documented case of depression substantially improved after three sessions.  
City Unknown”

**USUAL or CUSTOMARY TREATMENT PLAN:**

Anti\_Depression; Major Nerves; Metab; Thyroid/Thymus/Parathyroid;  
Pineal/Pituitary/Hypothalamus; Digestive Enzyme Liquescence  
Avoid salt, sugar and alcohol. Get 30 minutes a day of sunlight.  
Avoid persistent sad, anxious, or "empty" feelings, feelings of hopelessness and/or pessimism, feeling guilt, worthlessness, and/or helplessness. Loss of interest or pleasure in ordinary activities, including sex. Sleep disturbances (including insomnia, early\_ morning waking, and/or oversleeping. Eating disturbances such as changes in appetite such as weight loss or gain. Difficulty in concentrating, remembering, and/or making decisions. Full range of spectrum light for 30 min a day is also helpfull

Beck Depression InventoryDepression Inventory

On this questionnaire are groups of statements. Please read each group of statements carefully. Then pick out the one statement in each group which describes the way you have been feeling the PAST WEEK, INCLUDING TODAY. Circle the number beside the statement you picked. If several statements in the group seem to apply equally well, circle each one. BE SURE TO READ ALL THE STATEMENTS IN EACH GROUP BEFORE MAKING YOUR CHOICE.

- 1. 0. I do not feel sad.
- 1. I feel sad.

2. I am sad all the time and I can't snap out of it.
3. I am so sad or unhappy that I can't stand it.
2. 0. I am not particularly discouraged about the future.
1. I feel discouraged about the future.
2. I feel I have nothing to look forward to.
3. I feel that the future is hopeless and that things cannot improve.
  
3. 0. I do not feel like a failure.
1. I feel I have failed more than the average person.
2. As I look back on my life, all I can see is a lot of failures.
3. I feel I am a complete failure as a person.
  
4. 0. I get as much satisfaction out of things as I used to.
1. I don't enjoy things the way I used to.
2. I don't get real satisfaction out of anything anymore.
3. I am dissatisfied or bored with everything.
  
5. 0. I don't feel particularly guilty.
1. I feel guilty a good part of the time.
2. I feel quite guilty most of the time.
3. I feel guilty all of the time.
  
6. 0. I don't feel I am being punished.
1. I feel I may be punished.
2. I expect to be punished.
3. I feel I am being punished.
  
7. 0. I don't feel disappointed in myself.
1. I am disappointed in myself.
2. I am disgusted with myself.
3. I hate myself.
  
8. 0. I don't feel I am any worse than anybody else.
1. I am critical of myself for my weaknesses or mistakes.
2. I blame myself all the time for my faults.
3. I blame myself for everything bad that happens.
  
9. 0. I don't have any thoughts of killing myself.
1. I have thoughts of killing myself, but would not carry them out.
2. I would like to kill myself.
3. I would kill myself if I had the chance.
  
10. 0. I don't cry any more than usual.
1. I cry more now than I used to.
2. I cry all the time now.
3. I used to be able to cry, but now I can't even though I want to.

11. 0. I am no more irritated now than I ever am.
  1. I get annoyed or irritated more easily than I used to.
  2. I feel irritated all the time.
  3. I don't get irritated at all by the things that used to irritate me.
  
12. 0. I have not lost interest in other people,
  1. I am less interested in other people than I used to.
  2. I have lost most of my interest in other people.
  3. I have lost all my interest in other people.
  
13. 0. I make decisions about as well as I ever could.
  1. I put off making decision more than I used to.
  2. I have greater difficulty in making decisions than before.
  3. I can't make decisions at all anymore.
  
14. 0. I don't feel I look any worse than I used to.
  1. I am worried that I am looking old or unattractive.
  2. I feel that there are permanent changes in my appearance that made me look unattractive.
  3. I believe that I look ugly.
  
15. 0. I can work about as well as before.
  1. It takes an extra effort to get started at doing something.
  2. I have to push myself very hard to do anything.
  3. I can't do any work at all.
  
16. 0. I can sleep as well as usual.
  1. I don't sleep as well as I used to.
  2. I wake up 1\_2 hours earlier than usual and find it hard to get back to sleep.
  3. I wake up several hours earlier than I used to and cannot get back to sleep.
  
17. 0. I don't get more tired than usual.
  1. I get tired more easily than I used to.
  2. I get tired from doing almost anything.
  3. I am too tired to do anything.
  
18. 0. My appetite is no worse than usual.
  1. My appetite is not as good as it used to be.
  2. My appetite is much worse now.
  3. I have no appetite at all anymore.
  
19. 0. I haven't lost much weight, if any, lately.
  1. I have lost more than 5 pounds.
  2. I have lost more than 10 pounds.
  3. I have lost more than 15 pounds.
  
20. 0. I am no more worried about my health than usual.

1. I am worried about physical problems such as aches and pains; or upset stomach; or constipation.
  2. I am very worried about physical problems and it's hard to think of much else.
  3. I am so worried about my physical problems that I cannot think about anything else.
- 
21. 0. I have not noticed any recent change in my interest in sex.
    1. I am less interested in sex than I used to be.
    2. I am much less interested in sex now.
    3. I have lost interest in sex completely.

### What is Usualis Usual

A depressive mood, while not usually normal, can exist in the face of the loss of a loved one (including separation and divorce), loss of one's job, loss of one's social standing, loss of one's health and accompanying money problems. The despondency is usually limited to the situation and its after effects. It is not usual to persist in avoiding pleasure and to brood incessantly. Responses to the Beck Depression Inventory (your score is determined by adding all the circled numbers) should total less than 10.

### What to Watch Out For to Watch Out For

Self\_pity, where you enjoy the attention given you while you make others miserable. Using your depression as an excuse for your failures, misbehavior or inadequacy. Drugs that can be to blame; check with your doctor or pharmacist.

### What the Test Results Can Mean the Test Results Can Mean

A score of 10 or more on the Beck Depression Inventory is suggestive of depression and warrants a medical consultation; 16 or more warrants medical attention; and a score of 20 or more warrants immediate medical attention to the point of seeking out an emergency medical facility if a doctor is not instantly available.

#### Herbs:

Cotu kola/ kola vera

Damiana

Lavender

Rosemary

Good formula for general lassitude.

Lime blossom (*Tilia europea*): In infusion. v:0l ration (teaspoon)

three times daily or 15 drops of tincture three times daily in a half glass of water.

Valeriana

#### Western

1X 3 capsules 1:1 ratio daily or 15 drops

of tincture 1:1 ratio 3 times daily in

a half glass of water

#### Chinese

Ginseng, Longan and Bupleurum Combination (*Chia\_wei\_kuei\_pi\_tang*):

For depression and anxiety.

Astragalus Combination: General tonic formula.

Ignatia: 3 to 6 four times daily when due to worry or sudden changes in life.

Arsenicum album: 3 four times daily for anxiety and depression.

Spigelia: 3 four times daily when accompanied by chest distress.

Aurum: When there is a suicidal personality.

Sepia: When irritated by daily chores.

## **SCIO TREATMENT SUGGESTED**

**Color** - set patient's favorite if desired, or choose color by chakra that is deficient

**Cosmic:** set 1 for physical body, 2 for astral, 3 for etheric, 4 for mental, 5 for cosmic, 6 for other

**Magnetic Method** - 1+10 is universal, 7 for detox, 8 for regrowth of new tissue, 3 for injury, 2 for metabolic correction, 5 for inflammation, 6 for infection, 9 for psych stress, 2 for energy stimulation

**Frequency** - 1000hz--2000hz, 9500--12900hz

Auto Frequency for 30 min once a month in early stages once a week in later stage.

Zap for 30 min once a month in early stages once a week in later stage.

### **Discussion:**

The results show significant improvement in symptoms and feeling better. The Collective results show a dramatic benefit to the SCIO therapist visit.

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